

JOIN US!



Arlington Youth Health & Safety Coalition (AYHSC) welcomes all levels of community involvement. Members can participate in any of the following ways:

- Support our mission & stay informed
- Work on time-limited projects
- Facilitate connections between AYHSC and other community resources
- Attend monthly Coalition meetings



FOR MORE INFORMATION:



27 Maple Street
Arlington, MA 02476
781-316-3179



AYHSC@town.arlington.ma.us

www.arlingtonma.gov/AYHSC



facebook.com/AYHSCoalition

 **Arlington**
Youth Health & Safety Coalition

CHECK THE STATS

ALCOHOL USE

70%

of Arlington High School students did not drink alcohol in the past 30 days*

The incidence of recent alcohol use was highest in grade 11.

BINGE DRINKING

(5 or more drinks in a row within 2 hours)



84%

of Arlington High School students did not binge drink in the past 30 days*

PERCEPTION OF HARM

According to the YRBS 2013, Arlington High School students reported a **moderate or great risk** in the abuse of these substances.



49%

responded for marijuana

77%

responded for alcohol

92%

responded for Rx drugs

MARIJUANA USE



84%

of Arlington High School students did not smoke marijuana in the past 30 days*

*Arlington YRBS 2013 data



ARLINGTON YOUTH HEALTH & SAFETY COALITION

Substance abuse is a complex and often enduring problem for many youth. However, the majority of our teens regularly engage in safe, healthy and responsible behaviors.

OUR MISSION

The Arlington Youth Health & Safety Coalition (AYHSC) mission is to **engage**, **inform** and **empower** our community to prevent and reduce substance abuse and other risk behaviors that adversely affect Arlington youth.



AYHSC installed a Drug Kiosk in the Arlington Police Department to encourage safe disposal of unwanted prescription medications.

WHO WE ARE



AYHSC is a group of concerned community members comprised of parents, youth, organizations and public agencies united in their **goal of preventing and reducing underage drinking and substance abuse**. AYHSC uses multiple prevention strategies to promote healthy behaviors throughout the community.



Students take the 'Project Purple Pledge' to lead substance-free lives.

WHAT WE DO

- ▶ **Educate & Support Parents** through community forums & workshops
- ▶ **Strengthen Policies & Bylaws** around alcohol sales, youth substance use, public consumption & distribution of marijuana
- ▶ **Reduce Youth Access to Drugs & Alcohol** through retailer trainings, sales compliance checks & safe medication disposal
- ▶ **Facilitate Interventions for High Risk Youth** through Arlington Diversion Program & the Arlington Youth Counseling Center (AYCC)
- ▶ **Promote Healthy Social Norms** through media campaigns targeting alcohol & tobacco use, designed & created by students.